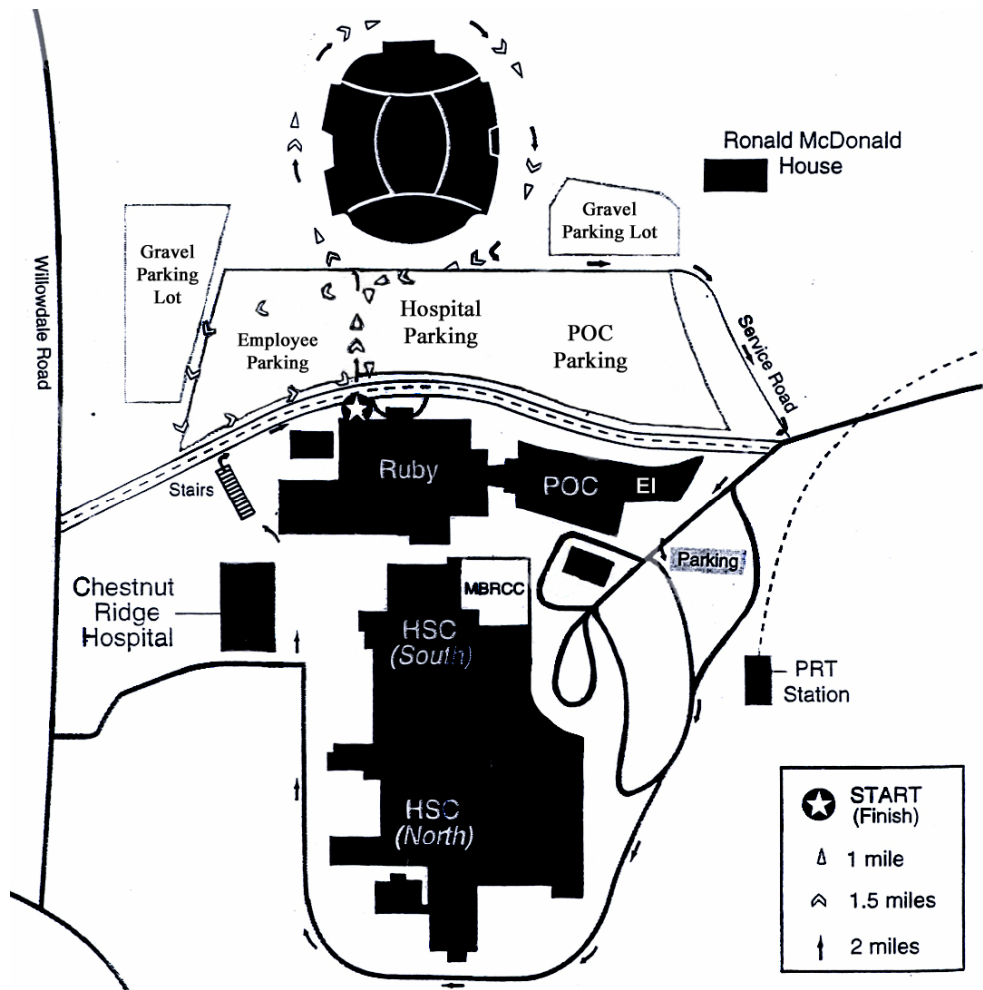


Health Sciences Campus Walking Route

- △ 1.0 mile
- ⤴ 1.5 miles
- ↑ 2.0 miles



Starting in front of Ruby Memorial...

△ 1 mile -- Cut across the hospital parking lot towards either side of the football stadium. Make your lap around the stadium and return to the starting point.

⤴ 1.5 mile -- Cut across the hospital parking lot towards either side of the football stadium. Make your lap around the stadium and instead of return to the starting point, make a loop around the employee parking lot.

↑ 2 miles -- Cut across the hospital parking lot towards the left side of the football stadium. Make your lap around the stadium and instead of walking through the parking lot, cut between POC parking and the gravel lot on the right side of the stadium to the service road. From there, take the sidewalks up to the Health Sciences parking areas. Continue past the PRT station and around Health Sciences South. Cut between Chestnut Ridge Hospital and the helicopter pad to a set of concrete stairs. Turning right at the bottom of the stairs will lead you to your starting point.